

**Release your chains
Return to Wholeness
Remember Love Divine**



3 months mentorship mastery

I work with you 1:1 so you can BE IT ALL and HAVE IT ALL and then to share your precious gift with the world.

Healing is the return to wholeness and an integrative process. Together we address all areas, physical, emotional, mental, spiritual, sexual, relational and creative so you can embody your fully integrated & authentic You.

Only when you are embodied in your authentic essence can you truly be free.

We will explore many tools & modalities that will leave no stone unturned so you can skyrocket into your fullest expansion.

Only when you have faced your darkness
and revealed your blindspots
can you show up in your authentic essence
Only then can you truly be free.

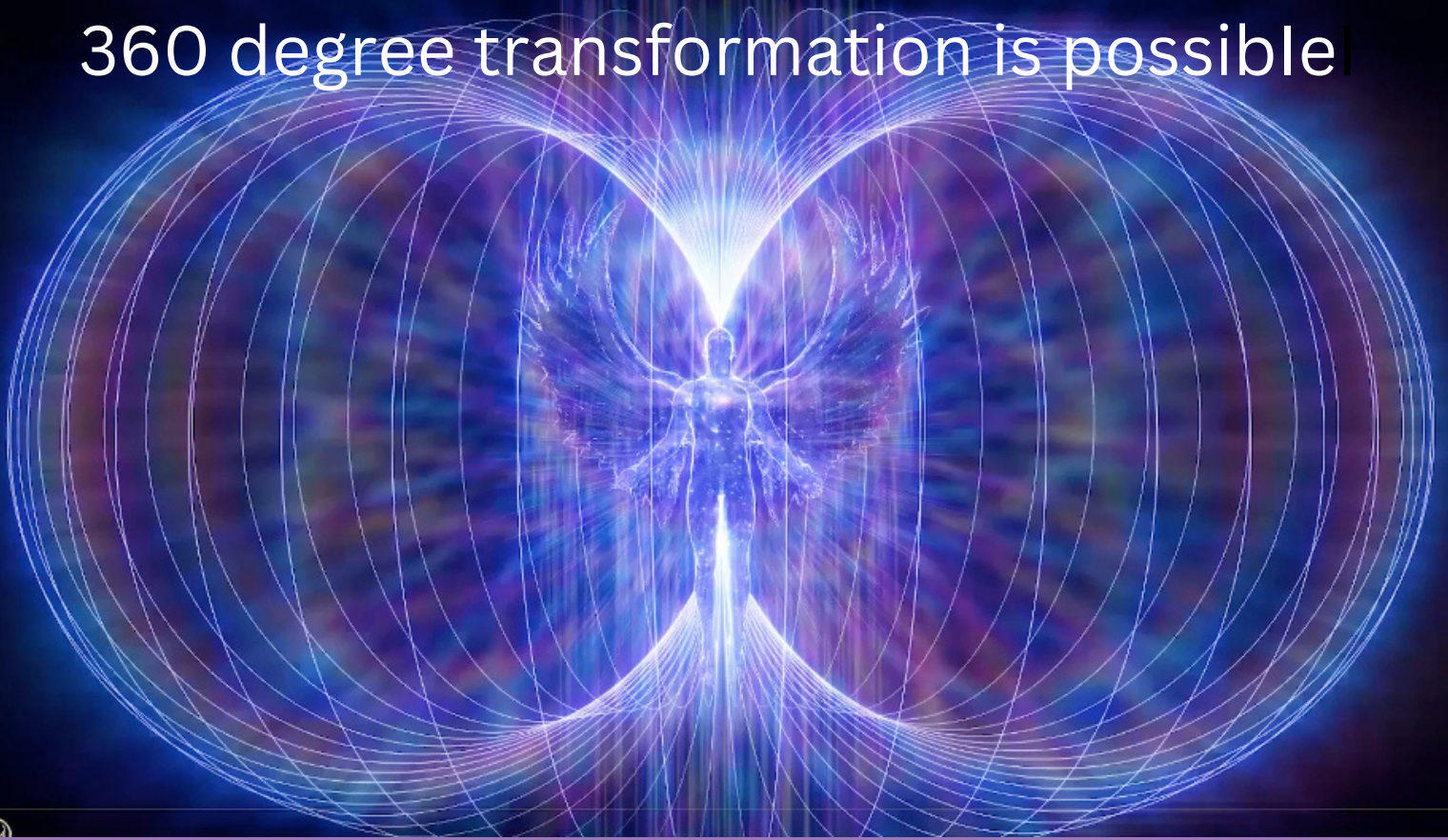


Remember you cannot see your own blindspots.
It requires being asked certain questions that will then
reveal your blindspots

My 3 months Mentorship Mastery entails the following:

Cellular Detox
Wholistic Nutrition/Raw Living Foods
Alkaline & Mucusfree Diet
Superfoods & Herbalism
Mindfulness
Supreme longevity
Nature based tools for regeneration & rejuvenation
Ancient wisdom & Spiritual Alchemy
Mindset & Self-Empowerment
Self-love practices
Shadow work & Archetypes
Inner Child Healing & Trauma Release
Emotional Mastery
Soul Purpose & Heart-Centered Leadership
Conscious Communication & Relationships

360 degree transformation is possible



It start with a commitment
saying a bold YES to life
& being 100% responsible
& taking aligned action steps

You will receive a 1 hour mentoring session each week by either video or audio call.

There will be a follow up by email or text.

You have unlimited text & email support Mon-Thur and Sat.

You will receive homework and ideas to explore.

I will hold you through this entire journey as your ally and accountability partner.

You can go as far & deep as you choose and it is my commitment to create massive results for you.

With a deeper commitment come more profound results for you

Consistency is absolute key..

Every success in life is about doing something long enough consistently.

It requires deep listening, opening your mind & heart, taking action steps, getting out of your comfort zone and the willingness to explore new possibilities. This will ultimately create lasting results for you.

It is not just a session per week. There will be homework and I will check in with you and support you with all breakdowns, concerns etc.

I will be holding you fully in your transformation for the entire 3 months. When you fall I will be here to support you in getting back up again on your own

Teamwork creates the dreamwork.

Together we create a powerful foundation for you so after the 3 months you have an extensive “toolbox” and are powerfully equipped so you can continue your path on your own and inspire others along the way.

You will be able to manage challenges & difficult situations with grace & confidence.

You will be fully equipped for self healing & self regeneration

You will learn to fall in love with life and with yourself

The Heart Contribution for my Mentorship Mastery
is \$3333 for 3 months.

I am offering a scholarship for 1-2 people who are
fully committed to their expansion and are willing to
do what is required but are facing financial
limitations.

Please book your discovery call
at sabina1111@protonmail.com

THE 9 PILLARS OF RADIANT LIVING

A woman with long, wavy grey hair is sitting in a meditative lotus position on dark, jagged rocks. She is wearing a white, long-sleeved, lace-trimmed tunic. Behind her, a large wave is crashing, creating a massive splash of white water that frames her. The ocean extends to the horizon under a sky filled with heavy, grey clouds. The overall mood is serene and powerful.

www.sabinakurz.com